

Jan – Feb
½ Term

Light Hall School PE Department - Extra Curricular Activity Timetable

Monday

Tuesday

Wednesday

Thursday

Friday

Dance

All years

LSH (Meet in Gym
changing rooms) **EDU**



Badminton

Years 7,8

Sports Hall
Coach



Rugby

All years

Field (Meet in Gym
changing rooms) **DHA**



Football

All years

Astro (Meet in Gym
changing rooms) **DHA**



Badminton

All Yrs

Girls Only

Sports Hall
MNI



BTEC

Catch Up Club

Year 10, 11

MBA

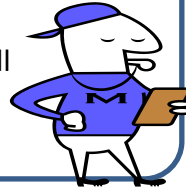
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SPORTS LEADERS

Year 10

Sports Hall
MBA



Netball

Years 7, 8, 9

Sports Hall (Meet in
Sports Hall changing
rooms) **EDU**



Duke of Edinburgh

Year 10

SOG



Badminton

All years –

Boys only

Sports Hall
MBA



Trampolining

All years

Gym
MNI



Table Tennis

All Years

LSH **MNI**



Cheerleading

All years

Gym
Coach



GCSE

Catch Up Club

Year 10, 11

NHY, DHA

LRC



Fitness

All years

Fitness Room

NHY



Fitness

Girls only –

All years

Fitness Room
EDU



After School

3:00 – 4:15