

Easter –
May ½
Term

Light Hall School PE Department - Extra Curricular Activity Timetable

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Basketball

All years 7:30 am –

8:30 Before School

Sports Hall



Tennis

All years

Tennis Courts MBA



Meetings

Cricket

All years

Field/ Astro

MBA, EDU,

DHA, NHY, MNI



Tennis

All years

Tennis Courts

MBA, EDU



Kayaking

Selected students

(Meet in Gym changing rooms) NHY, MNI

Athletics

All years

(Meet in Gym changing rooms) DHA & Coach



Judo

All years

Gym Coach



Fitness

All years

Fitness Room (Sports Hall changing rooms)

MNI, EDU



Badminton

All years

Sports Hall

MNI, EDU



BTEC Catch Up

Years 10, 11

LRC MBA



Golf

All years

Field Coach



After School

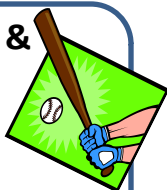
3:00 – 4:15

Rounders & Softball

All years

Field EDU,

DHA, NHY, MNI



Trampolining

All years

Gym Coach

